The Haywood Club Tri-Service Medical Society

Presents

A Fighting Front: Medical Considerations of Boxing and Mixed Martial Arts in the Military

Date: Thursday 28th November 2013
Venue: RAF Club, 128 Piccadilly, London W1J 7PY

09.00 What does boxing and martial arts offer the military?
TBC

Present and future shape of military boxing
Nathan Pearce, Secretary Combined Services Boxing Association

The medical component of military boxing and frequently asked questions
Lt Colonel Ross Walker (Retd), Senior Medical Officer Combined Services Boxing Association

Coffee

Taking care of the ENT in Combat sports
Lt Colonel Emeka Okpala, Consultant ENT Surgeon, Frimley Park Hospital

The view of the ring official
Captain Chris Roberts RAPTC, Officials Secretary Combined Service Boxing Association

MMA, a growing sport
Matthew Sellars, MMA fighter with Trojan Team, KUMMA Lightweight Champion

Lunch

Nutritional supplements in the military and cutting the weight
Dr Jo Fallowfield, Head of Applied Physiology, Institute of Naval Medicine

Sports doping, contamination and testing, what is out there?
Informed-Sports Programme

The risks of amateur boxing and MMA in perspective
Dr Mike Loosemore, Consultant in Sport & Exercise Medicine at the Institute of Sport Exercise and Health, University College London, lead doctor for Great British Boxing

Coffee

Women in combat sports
TBC

The professional boxer
Glenn Catley, Retired World Champion Super Middleweight Boxer and Sports Psychologist

For further information and to register online: www.haywoodclub.org.uk
or contact neilhill@doctors.org.uk